



YOGA AT THE ASHRAM
The Baba Siri Chand Yoga and Retreat Center

Sound Healing with Aagiapal Kaur



Sunday
January 20th
7 pm to 9 pm
Only \$20

Healing with Sound: Crystal & Tibetan Bowls, Gong,
Chimes, Frame Drums and Flute – Only \$20

Experience Divine Grace flowing through the Sound Current while you sink into a lovely peace-filled evening of listening, liberation, and love, soaking in the vibrations of crystal alchemy bowls, Tibetan singing bowls, wooden flutes, planetary-tuned chimes, frame drums and gong.

Aagiapal Kaur is Level 1 Certified Kundalini Yoga Teacher and is a licensed marriage and family therapist in private practice. She has 30 years of experience as a university professor and department chair of computer science. She is a practitioner of diverse healing modalities: shamanic reiki, sound healing, and Family Constellations, and Soul Answer Healing. Her diverse and richly informed background, and solid, kind, compassionate presence, make her sound healing journeys uniquely effective for all participants. Attendees emerge with clearance of present issues, restoration, and joy!

www.YogaAtTheAshram.org or call 508-376-4525
368 Village St. Millis, MA 02054

